

# THE 5 R'S

## WHAT CHILDREN NEED FROM US:

**RELATIONSHIPS** THAT ARE SAFE, SECURE AND LOVING---  
THESE HELP THE CHILD FEEL CARED FOR AND WORTHY OF LOVE.

**RESPONSIVE** INTERACTIONS THAT ALLOW THE CHILD TO  
INITIATE SOUND, A TASK, A GAME---AND GET A POSITIVE RESPONSE  
FROM AN ADULT. THESE HELP CHILDREN LEARN THAT WHAT THEY DO  
HAS AN IMPACT ON THE WORLD AROUND THEM.

**RESPECT** FOR THE CHILD, AND FOR THE CHILD'S FAMILY AND  
CULTURE. TREATING THE CHILD AS AN INDIVIDUAL WITH RIGHTS AND  
FEELINGS GOES A LONG WAY TOWARD ESTABLISHING FEELINGS OF  
SELF-ESTEEM.

**ROUTINES** PROVIDE COMFORT FOR THE CHILD, ALLOWING HIM  
TO PREDICT WHAT WILL COME NEXT DURING THE DAY. THEY ALSO  
ENCOURAGE MEMORY AND DEVELOPMENT OF EARLY  
ORGANIZATIONAL SKILLS.

**REPETITION** OF ACTIVITIES STRENGTHENS THE CONNECTIONS  
BETWEEN BRAIN CELLS. WHILE ADULTS MAY TIRE OF REPETITION,  
CHILDREN ARE DRAWN TO REPEAT ACTIVITIES AND TASKS IN AN  
ATTEMPT TO MASTER THEM.